



PARENT INFORMATION PACK

Season 2015/16



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Success is no accident.

*It is hard work, perseverance,
learning, studying, sacrifice and most of all,
love of what you are doing or learning to
do.*

Pele

PANNAL SPORTS

JUNIOR FOOTBALL CLUB



Welcome and thank you for choosing Pannal Sports JFC as the local football club for your family. I'm sure you have many questions about what being a member of Pannal Sports JFC means. Hopefully this information pack will answer a few questions and give you an idea of what we expect from our players, volunteer coaches and parents. If you have any questions, please feel free to contact your coach, or our senior club officials whose details can be found at the end of this pack.

Nick Viles – Junior Club Chairman



OUR CLUB – YOUR CLUB

Pannal Sports Junior Football Club was founded in 1966 (a great year for English football) and is the oldest, continually active junior football club in Harrogate. Initially set up by Mike Ryans, who was joined a little later by Joe Billington, our Vice President, the team was often taken (yes, the whole of the team) to matches in the 'club' Ford Granada. Since those days, we have grown somewhat and now have 23 squads, with over 400 boys and girls from U5's through to U18's, not to mention over 100 coaches and helpers.

The club is a registered charity and is governed by volunteer trustees, who make sure that the club operates within the Charity Commission rules. The day to day management of the club is carried out by a small volunteer committee. We have been a full FA Charter Standard Club since 2007, which means that we run the club to the standards and procedures that have been set by the Football Association (the F.A.) for Junior Clubs.

We actively encourage new parents to become coaches, helpers and committee members.



OUR CLUB ETHOS

The Pannal Sports JFC's ethos defines our character, spirit and attitudes at the Club. We want our players, supporters and coaches to live by these simple statements.

- We are an 'open to all' club which means we do not select new joiners on ability.
- We provide a safe and fun environment for all of our players.
- We teach football skills, as well as respect for ourselves, our team mates, coaches, opponents and referees alike.
- Whilst we enjoy winning, we believe that the Club's success is measured by how we develop players, how we play the game and how we conduct ourselves more than by games and trophies won.



OUR CORE PHILOSOPHY

We encourage everyone to follow the core 'PSJFC' philosophy at all times. Please don't forget to share this with our junior players too.

This philosophy is derived from **Inclusivity, Positive Growth, Respect, Standards and Total Football**



	<u>Parents</u>	<u>Players</u>	<u>Coaches</u>
P	P raise all players in the team	P practice all the time	P lay out from the back – keep possession
S	S upport your coach and the match officials	S kills, S kills, S kills	S kills, S kills, S kills
J	J ust let your child play	J ust try your best, always	J ust let the players express themselves
F	F ootball is for fun	F air play and F orgive mistakes	F air play, always
C	C ontribute to the club	C elebrate with your team	C elebrate effort not talent and C hange positions

OUR COACHES

- As a minimum at least one squad Coach will have completed (or is working towards) the F.A. Level 1 Award in Coaching Football, which includes modules on first aid and safeguarding children
- Are CRB checked (now called Disclosure and Barring Service checks)
- At least one coach per squad will have completed a recognised first aid training course
- All have a passion for football and coaching young players
- Should wear recognisable club branded training kit and have an ID badge at all training sessions and matches.

There is a lot to do as a coach. Please recognise they do this in their “spare time” and they therefore appreciate any support parents can give, such as being the parent representative on the social committee or helping to set up equipment at the beginning and end of sessions. Please offer any support you can to your child’s coach, and so help spread the workload.



OUR COACHING PHILOSOPHY

We provide guidance, support and direction to our volunteer coaches and we ask them to follow our Coaching Philosophy.

- Our Coaches adopt methods which are age-appropriate and follow the F.A.'s National Game Strategy for football development. We have links on our Website to the age-appropriate strategies – please take a look.
- [FA Guide to U7 and U8 football](#)
- [FA Guide to U9 and U10 football](#)
- [FA Guide to U11 and U12 football](#)
- As part of that Strategy, our Coaches set realistic expectations and focus on the development of our children, rather than just the results.



OUR COACHING PHILISOPHY (cont)

- Our Coaches develop the whole player and not just their football skills. We nurture talent whilst developing our players' Confidence, Creativity, Connection with others and Character (the F.A. call this the "C" system to develop the whole child)
- Coaches are encouraged to follow the Pannal Sports JFC Guidelines for Team Selection, so that they find the right balance in meeting aspirations of their squad against our Club ethos and philosophy



THE ROLE OF OUR COACHES

All of our Coaches are encouraged to:

- Put the children, their needs and their safety first at all times.
- To create a welcoming and positive environment for children to play football.
- To motivate and encourage players to be the best they can be.
- To be a good role model to players and lead by example.
- To be fair, considerate and listen to players.
- To allow players to try new skills and promote individuality.
- To celebrate success and promote co-operation, friendship and good sportsmanship.





CHILD SAFETY AND WELFARE

Pannal Sports JFC takes child welfare and protection very seriously. We have Welfare Officers on the committee whose role is to ensure that and we are fully compliant with the Football Association's child welfare rules, guidelines and procedures.

All of our coaches, volunteers and committee members have gone through a Criminal Record Bureau (CRB) check which is renewed every 3 years (this is now called a Disclosure and Barring Service check). The Coaches also have attended mandatory child welfare and safeguarding children training courses.

If your child has any medical condition or allergy then you must make this known by completing the section on the registration form and informing your Coach.



CHILD SAFETY AND WELFARE (cont)

We do everything we can to ensure our players are safe and we expect parents and carers to do the same. It is our Club policy that parents and carers stay with their child and are responsible for them during training and matches. If you can't attend, then you must appoint a responsible adult to do so on your behalf and inform your Coach accordingly.

At least one coach in your child's squad will be trained in basic first aid and each squad has a first aid kit. However, we are not allowed to administer any prescribed medication to a player.

If you have any questions or concerns about your child's welfare please speak to your Coach or contact one of our Welfare Officers.

PLAYERS CODE OF CONDUCT

Pannal Sports JFC players should:

- Respect teammates, Coaches, their opponents and match officials at all times.
- Follow the rules of the game and encourage fair play.
- Give maximum effort and try their best, both at training and during matches.
- Look after their own safety, as well as that of their opponents, avoid violence and rough play, and help injured opponents.
- Respect decisions made by Coaches and match officials.
- Accept success and failure, victory and defeat, equally
- Set a positive example to other players and never use inappropriate language.
- Raise any concerns with the Coach at the most appropriate time and not turn to Social Media to vent frustrations.



PARENTS & SPECTATORS CODE OF CONDUCT

Parents and spectators of Pannal Sports JFC should:

- Help the Club and Coaches to implement the Club's philosophy and codes of conduct at all times.
- Be positive and give encouragement to all players.
- Applaud the opposition as well as their own team.
- Avoid coaching the child during the game.
- Lead by example and never shout at players or match officials.
- Respect and support the decisions of Coaches and match officials at all times.
- Act in the best interests of the Club, its players and Coaches and encourage others to do the same.
- Raise any concerns with the Coach or the Club at the most appropriate time and not turn to Social Media to vent frustrations.



TRAINING

Training days are usually as follows:

- **U5/6's and U7's** - Sunday mornings, starting at between 9am and 10.30am
- **U8's and up squads** - Saturday mornings, starting at between 9am and 10.30am

We play and train at many different outdoor and indoor locations across Harrogate. Your coach will let you know the details as to where you need to be and at what time. This may be different for summer and winter.

We expect players to arrive promptly to avoid disrupting the team warm up and to attend as many sessions as possible. If you are unable to attend for any reason, please make contact with the coach at the earliest opportunity so that they can plan ahead.

There may be a small extra charge for 3G (artificial grass) or indoor training at the older age groups.



PANNAL SPORTS FOOTBALL KITS

The clubs colour's are predominantly green and black. Tops and shorts will usually be required from the U7's age group upwards as matches are arranged against other clubs.

Unfortunately, there is not sufficient income from subs alone to pay for the team kits. We therefore invite companies and/or individuals to sponsor the kits and as a result the different age groups have a range of corporate sponsors across their tops. We are extremely grateful to those who sponsor us and it is a great way to advertise!

Players are to provide their own football boots/trainers and shin pads which are essential for playing. They need to be appropriate to the surface that they are playing on i.e. grass, Astro turf. We discourage the use of 'blades' style football boots.

Shin pads must be worn at every age group.

Further club branded clothing, including training tops and hats can be purchased from Emblazon on Tower Street in Harrogate. This can all be previewed and ordered on line, via [Emblazon - Pannal Sports link page](#)





ANNUAL SUBSCRIPTIONS (subs)

Subs are paid yearly in August/September (i.e. beginning of the season) Your coach will email or hand out forms at any early stage so that monies can be paid prior to the season commencing.

A discounts scheme operates for additional siblings who join the club. Please see the signing on form.

The level of subs is set annually by the committee.

Your money is used to pay for the numerous (and expensive) hire of pitches and training venues. It is also used to purchase new equipment that the coaches need or are replacing for training and of course, pays for trophies and medals for the players.

The money is not used to fund club or coaches kits and we encourage the squads to attract sponsorship to cover these costs.

WAITING LISTS

In order to keep the coach-children ratios at manageable levels, we operate a waiting list for new players. This ensures that a fair system operates to bring new players into the club.

If you know of any players that are interested in joining Pannal Sports JFC, then please ask them to email the relevant team coach, club chairman or club secretary, and their details will be added to the list. We endeavour to make periodic contact to update parents on progress. The waiting list is longest at the youngest age groups, with little or no waiting at the older age.

If your child decides that they no longer wish to attend, please let us know at an early stage so that we may offer the place to those on the waiting list.

The waiting list is administered by the squad co-ordinator at the youngest age groups.



MATCHES AND TOURNAMENT DAYS

The number of players per team are as follows: -

- **U5's and U'6** - no competitive matches against other clubs at this age
- **U7's and U8's** - the matches are played at 5 per side
- **U9's to U11's** - the matches are played at 7 per side
- **U12 and 13's** - the matches are played at 9 per side
- **U14's above** – the matches are played at 11 per side

All teams are expected to take along substitutes.

- Depending on their age, teams are entered into local leagues and cups. However, the FA has recently introduced strict rules about getting the right balance between player development and when they can play in competitive leagues. Therefore the younger squads only play friendly matches and scores are not recorded, to ensure that the focus is on player development rather than just winning matches.
- Coaches will enter their squads into various summer tournaments at the latter end of the season, which are usually held over full days



ANNUAL CLUB TOURNAMENT AND AWARDS DAY

The club holds an awards event which takes place at the end of the club's annual tournament day. This usually takes place in May and is a celebration of the season for your squad and the entire club.

Coaches are encouraged to give out as many awards and trophies for effort as they do for achievement. Many coaches also ask parents for their choice of player of the season or most improved player.

The tournament day is a family affair, normally held at Harrogate Grammar School. There are raffles, sweets, drinks and of course the essential bacon butties on sale. Everyone is welcome.



FUNDRAISING AND SOCIAL COMMITTEE

The club have an active Fundraising and Social Committee who are really important in keeping the club financially sound and generating a positive and friendly atmosphere. The income from subs alone do not cover the running costs of the club - so put simply, without the help of these wonderful people, the club would not thrive.

In addition to organising fundraising activities, the team organise the social calendar of events. Two such event are the Tournament Day (May) and the annual end of season dinner dance. The dinner dance raises funds for the club, however its main focus is to thank the volunteer coaches, helpers and committees for all their efforts over the season.

We know that football and the fantastic team spirit we have generated over the years have contributed to a few cups, a few trophies and plenty of excellent nights out, with the dinner dance no exception.



AMBITION

It has been the long term ambition of the club to have its own playing facilities with a clubhouse. We are about to conclude negotiations with the council for some 12 acres of land near Pannal to deliver our dream. As you will appreciate the costs for this will be high, but with the support of the Football Foundation, existing capital and future grant awards, our dream is nearing reality.

The 2015/16 season sees the club celebrate it's 50th anniversary, so look out for an extra special year of events.

The committee are always on the lookout for new members to bring fresh ideas and enthusiasm. You can offer as much time as is practical for you every little helps! To find out more about helping our fundraising and social team please contact:

Charlotte Barker or Sue McAvoy

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CLUB CONTACTS

Chairman

Nick Viles – nickviles@yahoo.co.uk - 07467 339702

Secretary

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Success is no accident.

*It is hard work, perseverance,
learning, studying, sacrifice and most of all,
love of what you are doing or learning to do.*

Pele

*When you have confidence,
you can have a lot of fun.*

And when you have fun, you can do amazing things.

Joe Namath - former NFL quarterback

*The more difficult the victory,
the greater the happiness in winning.*

*Edson Arantes do Nascimento,
better known as **Pelé***

*Talent wins games,
but teamwork and intelligence wins championships.*

Michael Jordan

former professional basketball player,



*Strategy requires thought,
tactics require observation.*

Machgielis "Max" Euwe

Dutch chess Grandmaster

It's best being a striker.

*If you miss five then score the winner,
you're a hero.*

*The goalkeeper can play a blinder,
then let one in...
and he's a villain.*

Ian Rush – Liverpool and Wales